

Date: \_\_\_\_\_

NAET/PAIN Clinic  
Sympton Rating Scale

Please rate your symptoms on a scale of "0-10" where "10" is the maximum state of the problem and "0" is the normal state.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F  
Sympton Rating Scale            0    1    2    3    4    5    6    7    8    9    10

Abnormal appetite poor/excess												
Abdominal bloating												
Absent mindedness												
Abnormal hair growth												
Acid foods upset												
Acne												
Addiction to smoke												
Addiction to sugar												
Addiction to alcohol												
Addiction to drug												
Allergic to drugs												
Addiction to spices												
Anemia												
Anger												
Arthritis												
Asthma bronchial												
Asthma cardiac												
Athlete's foot												
Bad breath												
Backache (upper area)												
Backache (middle area)												
Backache (lower area)												
Blurred vision												
Bowel disorders												
Brain fog												
Breast pain or swelling												
Breast lumps												
Bronchitis												
Brown spots												
Bruises easily												
Burning/itching anus												
Burning feet												
Coated tongue												
Cold sweats often												
Colds/flu's frequent												
Colitis												
Compulsive behavior												
Constipation												
Cold extremities												
Cough												
Cradle cap												
Crave spices												
Crave salt												
Crave sweets												
Crave sour/bitters												
Crave onions/beans												
Chronic Fatigue												
Cuts heal slowly												

Date: \_\_\_\_\_

NAET/PAIN Clinic  
Symptom Rating Scale

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F  
Symptom Rating Scale 0 1 2 3 4 5 6 7 8 9 10

Symptom Rating Scale	0	1	2	3	4	5	6	7	8	9	10
Dandruff											
Decreased sex drive											
Depression											
Diabetes											
Diarrhea											
Difficulty in walking											
Difficulty in swallowing											
Diverticulitis											
Dream disturbed sleep											
Dry nose											
Dry eyes											
Dry mouth											
Dyslexia											
Ear aches											
Ear infections											
Eating disorder											
Eczema											
Edema											
Emotional imbalances											
Elbow pains											
Excess thirst											
Eyelids puffy											
Eyes watery											
Eyes itch											
Fainting spells											
Falling hair											
Fatigue											
Feels cold often											
Feels insecure											
Fever											
Fibromyalgia or body ache											
Forgetfulness											
Frequent rashes											
Gags easily											
Gall stones											
Gastric distress											
General itching											
Greasy foods upset											
Hair loss											
Hay fever											
Headaches/sinus											
Headaches/morning											
Headaches/afternoon											
Headaches/migraine											
Hearing decreased											
Heartburn											
Heart irregularities											
Hemorrhoids											
Herpes											
High altitude causes problems											

Date: \_\_\_\_\_

NAET/PAIN Clinic  
Sympton Rating Scale

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F  
Sympton Rating Scale 0 1 2 3 4 5 6 7 8 9 10

	0	1	2	3	4	5	6	7	8	9	10
High blood pressure											
Hip pains											
Hives											
Hoarseness											
Humidity-discomfort											
Hungry between meals											
Hyperactivity											
Hysterectomy											
Illeocecal valve											
Increased sex drive											
Indigestion											
Infertility male/female											
Insomnia											
Internal trembling											
Irritable and restless											
Keyed-up and fails to calm											
Knee pains											
Labored breathing											
Loss of taste											
Low blood pressure											
Lump in the throat											
Memory loss - long term											
Memory loss - short term											
Menses, scanty											
Menses, excess											
Menses, irregular											
Menses, painful											
Mental confusion											
Metallic taste											
Migrating pains											
Milk causes discomfort											
Mood swings											
Mucus production											
Muscle cramps or spasms											
Nasal polyp											
Nausea or vomiting											
Neck pains											
Nervous stomach											
Neuralgia											
Night sweats											
Nose bleed											
Numbness											
Obsessive behavior											
Ovarian cyst											
Pain between shoulders											
Pain on the heels											
Pain - unexplained											
Pain - shoulder											
Perspiration excess											
Phobias											

Date: \_\_\_\_\_

NAET/PAIN Clinic  
Sympton Rating Scale

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F  
Sympton Rating Scale 0 1 2 3 4 5 6 7 8 9 10

	0	1	2	3	4	5	6	7	8	9	10
PMS (premenstrual symptom)											
Poor memory											
Post nasal drip											
Premature graying											
Prolapsed uterus or bladder											
Prone to infections											
Prostate trouble											
Psoriasis											
Red or pink eye											
Restless leg syndrome											
Ring worm											
Ringing in the ears											
Seizures											
Sensitive to cold/heat											
Shortness of breath											
Shoulder pains											
Sighs frequently											
Sinusitis											
Skin problems											
Sleepy during the day											
Slow pulse <65											
Slow starter											
Smell decreased											
Sneezing attacks											
Sore throat											
Sore canker											
Sour stomach											
Startles easily											
Strong light irritates											
Swollen ankles and feet											
Thinning/thickening of the skin											
Throat constriction/closing											
Tightness in the chest											
Tingling sensation over body											
Tires too easily											
Tourette's Syndrome											
Urinary tract disorder											
Urination difficult											
Urine amount increase/decrease											
Uterine polyp											
Vaginal discharge											
Varicose veins											
Warts											
Weak nails											
Weight gain											
Weight loss											
White spots over the body											
Worrier											
Yeast infection											
Other											